



Kiwi Green Smoothie

2 servings

5 minutes

Ingredients

- 2 Kiwi (small, peeled)
- 1 Banana (frozen)
- 1/2 cup Vanilla Protein Powder
- 2 tbsps Chia Seeds
- 2 1/2 cups Baby Spinach
- 2 cups Water
- 4 Ice Cubes

Directions

1

- Combine all ingredients together in a blender and blend very well until smooth. Pour into glasses and enjoy!

Notes

- No Chia Seeds, Use flax seed instead.
- No Protein Powder, Use hemp seeds instead.