



## Coconut Banana Ice Cream

6 servings  
1 hour 30 minutes

### Ingredients

- 1 1/2 cups Organic Coconut Milk (full-fat, canned)
- 5 Banana (sliced and frozen)

### Directions

- 1 Add all ingredients into a blender and blend until smooth. Occasionally turn the blender off and scrape down the sides if needed.
- 2 Scoop into bowls and enjoy immediately as soft serve or for firmer ice cream, transfer to a baking pan and freeze for at least 1.5 hours before scooping.